

Dear Highcrest Parents/Guardians,

Beginning February 20th, our Physical Education classes will be participating in an in-house skating program. The skates will be delivered directly to the school. Due to insurance purposes, we will be exclusively using Skatetime School Programs® skates.

This skating unit is being implemented because of its value as a lifetime activity. Skating provides a variety of benefits, which include balance, coordination, motor skills, and a top rated cardio-respiratory workout. Students will also learn basic skating skills.

The fee for this unit will be \$12.40 per student, and includes skates, helmets, wrist guards, knee pads, and elbow pads (all safety equipment is required by D39). Students will be separated into two groups. Each group will skate for 7 school days during their PE period.

**Please have your student return this permission slip no later than January 24, 2020.**

I acknowledge the risk and responsibilities involved in this activity. I have read this release and understand all its terms and execute it voluntarily and with full knowledge of its significance.

**Activity: Skatetime School Programs® (In-House Skating Program)**

Full Name of Student: \_\_\_\_\_

I hereby grant permission for the person named herein to participate in the program described and associated activities provided by Skatetime School Programs® and Highcrest Middle School. I further release Skatetime School Programs® and the School District #39, its agents, employees, and volunteers from all actions, damages, claims, or demands and all liability, which might be incurred during the conduct of this activity.

I further authorize the School officials to take the proper steps to provide medical attention should participant be injured while participating or being transferred to or from any School sponsored activity and I hold said officials of Highcrest Middle School and the District harmless thereof.

PE Teacher: \_\_\_\_\_ PE Period: \_\_\_\_\_

My child would like: Quad (roller skates) \_\_\_\_\_ Inline (rollerblades) \_\_\_\_\_

My child's shoe size is (circle one): J8 J9 J10 J11 J12 J13 1 2 3 4 5 6 7 8 9 10 11 12 13

Guardian Signature: \_\_\_\_\_

**Fees will be paid on Revtrak. There is a link on the Highcrest home page.**

Thank you!

Highcrest PE Staff